

## What is it?

### AlphaFIM<sup>®</sup> Instrument

- Standardized method of assessing patient **disability/functional status** in the acute care setting
- Consists of six items that can be reliably collected in acute care
- Facilitates the transfer of patients from acute care to rehabilitation by using common language

### AlphaFIM<sup>®</sup> Components

6 Items are rated:

#### MOTOR

1. Toilet Transfer
2. Bowel Management

If patient walks <150 feet:    If patient walks ≥150 feet:

- |             |                 |
|-------------|-----------------|
| 3. Eating   | 3. Walking      |
| 4. Grooming | 4. Bed Transfer |

#### COGNITION

5. Expression
6. Memory

## Rating Method:

7 – Complete independence (timely, safely)	No Helper
6 – Modified independence (device)	Helper
<b>Modified Dependence</b>	
5 – Supervision	Helper
4 – Minimal Assist (Subject ≥ 75%)	
3 – Moderate Assist (Subject = 50 - 74%)	
<b>Complete Dependence</b>	
2 – Maximal Assist (Subject = 25 - 49%)	
1 – Total Assist (Subject <25%)	

## Triage Guidelines\*

AlphaFIM <sup>®</sup> Rating		Recommended Referral
Mild	> 80	Community-based rehabilitation
Moderate	40 to 80	Inpatient rehabilitation
Severe	< 40	Restorative care with regular assessment for rehab potential

\*AlphaFIM<sup>®</sup> rating is only **one** component for consideration in discharge planning.

### Further AlphaFIM<sup>®</sup> info:

For further information on the AlphaFIM<sup>®</sup> Instrument please contact the Ontario Stroke Network at:

[www.ontariostrokenetwork.ca](http://www.ontariostrokenetwork.ca)

or

[info@ontariostrokenetwork.ca](mailto:info@ontariostrokenetwork.ca)

## Who Completes it?

Acute Care Allied Health and Nursing Assessors must be credentialed; but all team members may be consulted for information gathering.

**When:** Day 3 post admission

## Benefits

- Utilize a common language for functional status and rehabilitation needs
- Provide objective data regarding disability and stroke severity
- Facilitate transfer of information to inpatient stroke rehabilitation
- Help make decisions regarding discharge from acute care
  - amount of help needed
  - best destination

## What it Provides:

- Standardized Measure of Stroke Severity and Function
- Motor and Cognitive rating
- Projected FIM<sup>®</sup> ratings\*
- Help Needed (in hours per day)